

YMCA Childcare and Kindergarten Week's Menu

19/08/2019 to 25/08/2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning Snack	<ul style="list-style-type: none"> Rice Crackers Dried Fruit Cheese Cubes Glass of milk 	<ul style="list-style-type: none"> Seasonal fresh fruit platter Yoghurt , Granola 	<ul style="list-style-type: none"> Seasonal fresh fruit platter Glass of milk Banana Bread 	<ul style="list-style-type: none"> Seasonal fresh fruit platter Yoghurt , Granola 	<ul style="list-style-type: none"> Seasonal fresh fruit platter Fresh Fruit smoothies spiced fruit loaf
Lunch	<ul style="list-style-type: none"> Assorted mixed sandwiches 	<ul style="list-style-type: none"> Spaghetti Bolognaise 	<ul style="list-style-type: none"> Vegetable Paella 	<ul style="list-style-type: none"> Moroccan Chicken with Cous Cous 	<ul style="list-style-type: none"> Fish Burger Sliders
Afternoon Snack	<ul style="list-style-type: none"> Seasonal fresh fruit platter 	<ul style="list-style-type: none"> Crackers and Toppings 	<ul style="list-style-type: none"> Vegie sticks,cheese,rice crackers and fruit 	<ul style="list-style-type: none"> Blueberry muffins 	<ul style="list-style-type: none"> Sandwiches & spreads

